



## Year 3 Learning Project Week 6 - Food

| Weekly Maths Tasks (complete one a day)  | Weekly Reading Tasks (complete one a day)   |
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| <ul style="list-style-type: none"> <li>Working on <a href="#">Times Table Rockstars</a> - your child will have an individual login to access this.</li> <li>If your child works on '<a href="#">Numbots</a>' in school they can access this with the same login.</li> <li>Play on <a href="#">Hit the Button</a> - focus on number bonds, halves, doubles and times tables.</li> <li>Adding totals of the weekly shopping list or some work around money. <a href="#">This game</a> could support work on adding money and finding change.</li> <li>Practise telling the time. This could be done through <a href="#">this game</a> (scroll down to access the game). Read to the quarter hour and the nearest 5 minutes.</li> <li>Get a piece of paper and ask your child to show everything they know about <b>time</b>. This could be pictures, diagrams, explanations, methods etc. They can be as creative as they want to be.</li> <li>Practise counting forwards and backwards from any given number in <b>3s</b>.</li> </ul> | <ul style="list-style-type: none"> <li>You could share a story together. This could be a chapter book where you read and discuss a chapter a day.</li> <li>Listen to your child read and let them discuss what they have read. Encourage them to read with expression and intonation. Children to read to parents daily.</li> <li>Visit Oxford Owl for free eBooks that link to your child's book band. You can create a <a href="#">free account</a>. Complete the linked play activities for each book.</li> <li>Watch <a href="#">Newsround</a> and find out what is happening in the world. What did you find out? Is there anything you need help understanding?</li> <li>Explore new vocabulary you find when reading. What are the origins of this word? Can it be modified? Can you find any synonyms or antonyms for your new word?</li> <li>With your child, look in magazines, newspapers and books for new vocabulary they are unfamiliar with. They could use a highlighter to highlight in magazines and newspapers.</li> </ul> |
| Weekly Spelling Tasks (complete one a day)   | Weekly Writing Tasks (complete one a day)   |
| <ul style="list-style-type: none"> <li>Practise the Year 3/4 <a href="#">Common Exception</a> words.</li> <li>Practise your spelling on <a href="#">Spelling Frame</a>.</li> <li>Choose 5 Common Exception words. Write synonyms (words which have the same meaning), antonyms (words which have the opposite meaning), the meaning and an example of how to use the word in a sentence. Can the word be modified?</li> <li>Choose 5 Common Exception words and practise spelling them using bubble letters. Write the word in bubble letters, e.g.</li> </ul>   | <ul style="list-style-type: none"> <li>Write a recount to a family member telling them all about how your day or week has been.</li> <li>Write a shopping list that ensures their family will eat a balanced diet. Remembering to include exciting adjectives.</li> <li>Write a recipe. How to make ..... Remembering to include a list of ingredients and things they need. Also not forgetting to include headings and subheadings. Then write their set of instructions, remembering to include</li> </ul>   |

A B C D E  
 F G H I J K  
 L M N O P  
 Q R S T U  
 V W X Y Z

imperative verbs. (Verbs that command you to do something).

- Write a review about a meal they've eaten. Describe what they had to eat. What did they enjoy and why?
- Choose a particular food and write an acrostic poem. Think about where it comes from? What does it look like? What does it taste like? Etc...
- Take part in a writing [master class](#).

### Learning Project to be completed throughout the week

**The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.**

- Let's Wonder
  - What is a balanced diet? Find out about the 5 food groups. Make slides or posters about what they find out about. Carbohydrates Protein Dairy Fruits and Vegetables Fats.
  - Where does their food come from? Which foods come from the UK? What is [fairtrade](#)?
- Let's Create
  - Make repeated pattern prints for decorative purposes using various natural materials, e.g potato printing or create some still life observational sketches of fruit. Look at the artwork of [Giuseppe Arcimboldo](#). Maybe recreate some of his paintings with fruit.
- Be Active
  - Food provides us with energy and we need energy to exercise and this keeps us fit. Why not choose a dance from [Supermoves](#)?
  - **Recommendation at least 2 hours of exercise a week.**
- Time to Talk
  - As a family, design a healthy meal plan for the week. Discuss their favourite foods and why they enjoy them? Talk about healthy and unhealthy foods and explain the importance of eating a balanced diet.
- Understanding Others and Appreciating Differences
  - [Lunch around the world](#). Look at lunch around the world and investigate how differently people eat in other parts of the world. Find out what a vegetarian is? Vegan? Kosher food? Halal food?
- Reflect
  - Make a meal by combining a variety of ingredients using a range of cooking techniques. Measure and weigh ingredients appropriately to prepare and cook a range of savoury dishes.