

# SUNDERLAND MUSIC HUB

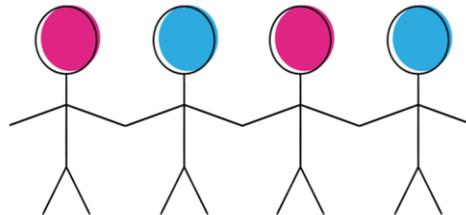
## MUSIC AT HOME: WEEK THREE

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It's May! How did that happen? We're onto the third week of our Music at Home resources and we hope you've been enjoying them so far. This week we've got a few extra special things to bring you, including information about our live streamed event 'Big Sing 2020: Feeling Good!' and a new series of introductory music theory videos. Alongside this you'll find all of our usual activities for Early Years, Primary and Secondary!

### **BIG SING 2020: FEELING GOOD!**

BIG  
SING  
2020  
FEELING GOOD!



We're incredibly excited to launch our event Big Sing 2020: Feeling Good!

For the past three years, Sunderland Music Hub has hosted our Big Sing event, working with schools to create a spectacular celebration of music. Our event this year was due to take place at Sunderland Empire, but due to the current situation we've had a change of plan and the event will now be live streamed directly into your homes instead. The theme of this year is Feeling Good, and we've chosen a series of songs that we think will have a positive impact on wellbeing.

The event will take place on Monday 22nd June at 1pm, and in the weeks leading up to that we'll be bringing you a series of resources to prepare us all for joining in.

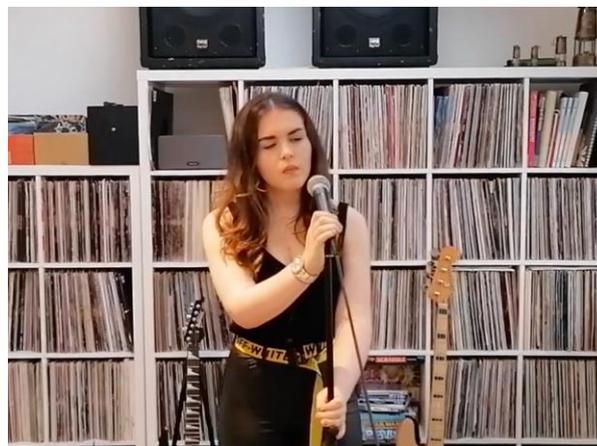
All of the information about the event - including a Big Sing Toolkit, weekly How To videos for each song and all the info you need to get the Big Stream straight into your living room - [can be found on our website here](#). We're starting the How Tos with our wonderful Singing Leader Laura Taylor giving us a [digital workshop on how to sing Don't Worry Be Happy!](#)



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## MUSIC HUB HOME SESSIONS

We wanted to open our weekly music resources this week with a very inspiring performance from Lottie Willis as part of our Music Hub Home Sessions project. Lottie has been singing since a very early age and is currently an active member of the [Young Musicians Project](#). She enjoys songwriting and during lockdown has been using Zoom to continue accessing the Young Musicians Project on Saturday mornings. [Start your week by listening to Lottie sing Don't Watch Me Cry by Jorja Smith](#). If you, or a young person that you know, would like to be featured in this series please [upload your video via this form](#).

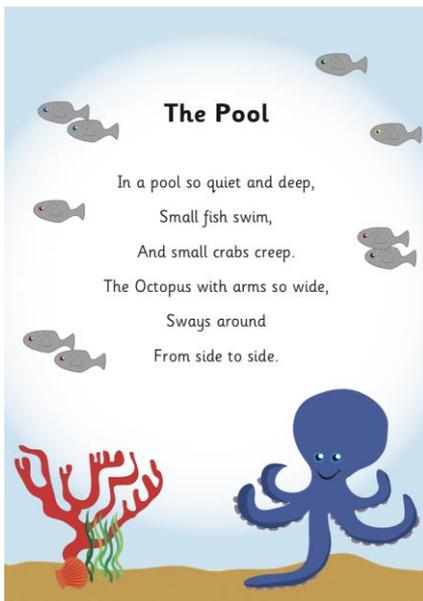


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## EARLY YEARS

### UNDER THE SEA

This week we have an 'Under the Sea' theme for you! Our Early Years practitioner Ashleigh has recorded herself singing the lovely singing rhyme The Pool. Click [here](#) or the picture below to listen to Ashleigh.



#### The Pool

In a pool so quiet and deep,  
Small fish swim,  
And small crabs creep.  
The Octopus with arms so wide,  
Sways around  
From side to side.

After listening to the song, can you come up with your own verse? What other animals live Under the Sea? Can you think of some rhymes together? Here's our example –

Jelly Fish Jiggle on the shore,  
Their tentacle arms,  
Near the sea bed floor.  
Big Blue whales explore the seas,  
Swimming round,  
In the ocean breeze.

You'll have noticed by now that we're big fans of Early Years HQ. This week we'd love you to have a look at their [Fishy Instrument worksheet](#) and [Under the Sea reading list](#). Why not also have a go at these [rainbow fish colouring sheets from Twinkl](#) and decorate your room with them like an under the sea paradise!

### SING UP

Don't forget Sing Up have created a Sing at Home section on their website, there's plenty songs to learn on there, including [Baby Beluga](#), a song about a little white whale. You could create some great actions to this one.

## ONLINE RESOURCES OF THE WEEK

We're sticking with the sea theme for this week's online resource. [Check our BBC's Bring the Noise](#) where CBeebies presenter Andy Day sings and raps in this underwater hip-hop video, featuring a blue whale, a fish and lobster. The oceans are the home of many diverse living things that have evolved to survive in completely different ways

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## PRIMARY

### MUSICAL MOMENTS

Let's Play Games!

This week our primary school resources are game themed, starting with this [brilliant worksheet](#) created by our Primary Specialist Lynne Ireland. Join us in creating your own board game or playing a game of musical dares!

### HERE COMES SALLY: A PLAYGROUND GAME WITH HETTON LYONS PRIMARY SCHOOL



This week we've got something really special for you to have a go at. Here Comes Sally is a playground game that is demonstrated [in this video](#) by the wonderful children of key workers at Hetton Lyons Primary School.

The game can work with lots or few people, so give it a try at home with your family or teachers might want to give it a go in school too!

## SING UP PLAYLIST

Continuing with the theme of playing games and having fun, have a try of Sing Up's [Silly Stuff Playlist](#). From funny lyrics, to made up words, to having a go at a tongue twister or two, there's lots of song options here to keep spirits high and the whole family feeling good.

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## SECONDARY

### SONG OF THE WEEK: PIRATES OF THE CARIBBEAN THEME

We don't know about you, but we've spent our free time in lockdown watching all kinds of films with amazing soundtracks, which got us thinking: let's learn to play the theme from Pirates of the Caribbean!

Our brilliant Secondary Specialist Laura Tindall has [created a worksheet](#) with links to listen to the orchestral version of the theme alongside a number of activities to have a go at.

As usual, we're also bringing you a [Learn to Play video which can be accessed here.](#)



## MUSIC THEORY VIDEOS

# MUSIC THEORY

## STAFFS, CLEFS & LEDGER LINES

There are many ways of becoming a musician. For some of us, we'll have picked up an instrument and given it a whirl, or written some lyrics before ever looking at a written note. For others, we may have studied music theory alongside our instrumental practice. And the main thing is to fall in love with music, so all of these ways of learning are cool with us! But with a good grasp of music theory you unlock a whole new language, acquiring the building blocks to be an exceptional musician.

That's why we've worked with the very brilliant Ellie Booth, a second year student at Sunderland College, to create some videos about the music theory basics. Ellie has created a short series of four videos to give those of us who may be new to music theory the basics to get us going. The first of these short videos helps us to understand clefs, staves and ledger lines. [Have a watch here.](#)

## SONGWRITING WITH LIZ CORNEY AND NEW WRITING NORTH

Our friends at New Writing North have created another brilliant resource working with musician Liz Corney from bands The Cornshed Sisters and Field Music.

This week Liz is leading you through resource on how to cultivate resilience and positivity through songwriting - the perfect songwriting resource for the time we are living in! You can find the resource on the [New Writing North website here](#) alongside many other creative writing resources including songwriting, writing rap lyrics and other kinds of creative writing to have a go at!



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